

Join us for 5-week course based on the book
Overcoming Underearning®:
A Five Step Plan to a Richer Life
by Barbara Stanny



Presented
by Liz
Blumenthal

October 21, 28, November 4, 11, 18 at 6:00 pm by phone or in Arlington
Price: \$125 plus purchase of book Overcoming Underearning

**Today's economic challenges have inspired the creation
of this new workshop in order to help people create wealth.**

When it comes to money are you controlled by fear and news of economic downturn? Do you underestimate your worth? Underearning is a self-imposed condition. By focusing on creating what you want you can take steps to financial independence and empowerment.

This seminar is for:

- ✚ Entrepreneurs who want to increase their earnings.
- ✚ People who want to take more responsibility for their finances instead of letting others do the deciding,
- ✚ Those who want to find ways to boost their income in existing and new streams of income.
- ✚ People who are willing to move beyond their current comfort zone to make a real difference in their finances.

In 5 sessions you will:

- ✚ Shift your relationship with money by examining old, limiting beliefs and embracing empowering new beliefs.
- ✚ Experience the five-step plan that has been proven to increase income.
- ✚ Be guided to create your own personal action plan to earn more.
- ✚ Tease apart the difference between your truth versus economic truth.
- ✚ Have email access to CoachLizBlu throughout the seminar to deepen your learning.
- ✚ Understand how to take charge of your financial situation.



Liz Blumenthal, M. Ed., AELC

CoachLizBlu is a second career empowerment coach with extensive experience helping others reach for their potential and create their own joyful abundance.

781-643-5159 Liz@CoachLizBlu.com

Coaching Credentials

- IPEC Coaching Certified Empowerment Coach
- Certified Retirement Coach
- Accredited Energy Leadership Index Master Practitioner
- Certified DISC Coach with training in Time Management

Professional Experience

- 30 years educator and consultant in public and private education
- Guest speaker with National Speakers Association
- Trainer at The Theosophical Society of Boston in courses: “Creating Your Life” based on Your Life as Art by Robert Fritz, “Your On Your Own So Now What?”, “Creative Abundance”, and “Coaching for Presence and Possibility”
- Organizer of conference and presenter on networking and management for Massachusetts Society of Training and Development
- Presenter of workshop on Listening Skills for Massachusetts Association of Insurance Women
- Presenter at Arlington Helping Professional Alliance
- Guest on two radio stations (WARE Coach Live and WZBC Boston College)
- Presenter of individual and group coaching workshops

Education

- B.A. 1960 Smith College, Northampton, MA
- M.Ed. 1966 Boston University, Boston, MA
- Professional Development: courses in education, social work, counseling, consulting, and parent training at Smith School for Social Work, Tufts University, Lesley College, Boston College and Perkins School for the Blind
- Robert Fritz Structural Consulting Programs. Business and Personal
- IPEC Coaching Program, Certified Empowerment Coach,
- Retirement Options Programs, Certified Retirement Coach for Retirement Success and Life Options Profiles
- DISC certificate and time management program.

Professional affiliations

- Leadership Energy affiliate
- Member of International Coach Federation and ICFNE
- Member, Arlington Chamber of Commerce
- Board Member, Women In Business Connection
- Arlington Helping Professionals Alliance

Complementary Consultation

I offer a 45 minute complimentary coaching consultation to women who are interested in experiencing my coaching and learning more about how coaching can help them develop greater personal power, connection, and energy. A complimentary session can be arranged by calling me at 781-643-5159 or emailing me at Liz@CoachLizBlu.com.